



# *Holding the Darkness*

## *Working with Trauma through Sandplay*

an international webinar series

**The Center for Jungian Sandplay** is pleased to announce this 2023 international webinar series bringing together Sandplay therapists and teachers from around the globe to offer their knowledge, experience, and expertise using Sandplay to work with individual, cultural, and collective trauma.

Committed to serving students throughout our global Sandplay community, all presenters in this series will be offering their webinars twice in order to accommodate a wider range of time zones; late Friday nights Eastern Standard Time USA to accommodate students in Asia/Pacific/Oceania regions, and Saturday mornings Eastern Standard Time USA to accommodate students in the Americas/Europe/South Africa regions.

In addition, in an effort to making Sandplay training accessible to dedicated students who may be facing economic challenges, a scholarship fund has been established to assist those in need.

# *Session 1: Placing Sandplay within the Evolutionary Arc of Trauma Theory*

**February 10th, and again February 11th, 2023**

Presented by Betty Jackson, ISST Teaching Member, USA  
with guest Dr. Bert Meltzer, ISST Teaching Member, Israel

**Session1, *Placing Sandplay within the Evolutionary Arc of Trauma Theory***, presents an historical overview of trauma theory and treatment beginning with early studies of hysteria, followed by decades of war-focused studies culminating in recognition of PTSD as a formal diagnosis, a renewed focus on trauma experienced by women and children, and in more recent decades, the profound impact of neuropsychological research on our understanding of what happens on many levels when people experience trauma. When, where, and how treatment approaches related to Sandplay, in particular the Lowenfeld World Technique, Kalfian Sandplay, and “Pre-Sandplay” interventions developed by Agnes Bayley, fit within this evolutionary arc will be examined. Also included will be reflections on why Sandplay is a helpful and effective treatment approach for those who have experienced significant trauma, shared by guest presenter Dr. Bert Meltzer, ISST Teaching Member from Israel.

As previously stated, each live, synchronous 3-hour webinar session in this series will be presented twice in order to accommodate a wider range of time zones. The Zoom links for each session will show times for the Eastern Time Zone of the United States.

**Presentation 1 - Friday, February 10th, 9:00 PM - 12:15 AM EST (Eastern Standard Time, USA)**

**Dates & times in the Asia/Pacific/Oceania region:**

Honolulu:	Friday, February 10th, 4:00 PM - 7:15 PM
San Francisco/Vancouver:	Friday, February 10th, 6:00 PM - 9:15 PM
<a href="#">Tel Aviv (presenter location):</a>	<a href="#">Saturday, February 11th, 4:00 AM - 7:15 AM</a>
Jakarta:	Saturday, February 11th, 9:00 AM - 12:15 PM
Singapore:	Saturday, February 11th, 10:00 AM - 1:15 PM
Tokyo/Seoul:	Saturday, February 11th, 11:00 AM - 2:15 PM
Sydney:	Saturday, February 11th, 1:00 PM - 4:15 PM
Auckland:	Saturday, February 11th, 3:00 PM - 6:15 PM

**Presentation 2 - Saturday, February 11th, 9:00 AM - 12:15 PM EST (Eastern Standard Time, USA)**

**Date & times in the Americas/European/South African region:**

Chicago:	Saturday, February 11th, 8:00 AM - 11:15 AM
<a href="#">Lancaster (presenter location)</a>	<a href="#">Saturday, February 11th, 8:00 AM - 11:15 AM</a>
New York/Toronto:	Saturday, February 11th, 9:00 AM - 12:15 PM
Santiago/Sao Paulo:	Saturday, February 11th, 11:00 AM - 2:15 PM
Dublin/London:	Saturday, February 11th, 2:00 PM - 5:15 PM
Zurich/Berlin:	Saturday, February 11th, 3:00 PM - 6:15 PM
Tel Aviv/Capetown:	Saturday, February 11th, 4:00 PM - 7:15 PM

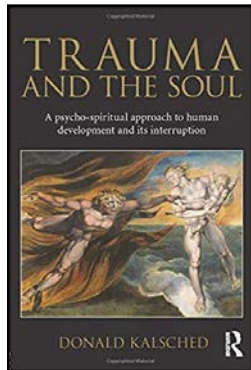
***March, April, & May 2023 Sessions:***

**Session 2: The Neuropsychological Impact of Trauma**

**Friday, March 10th and again Saturday, March 11th, 2023**

Dr. Lorraine Freedle, ISST Teaching Member (Hawaii, USA)

This session provides an overview of the neuropsychological impact of trauma and additional insight into the efficacy of Sandplay as a treatment modality for working with trauma. Concepts will be illustrated with Sandplay case material.



**Session 3: Trauma & the Soul - Kalsched's Theory of the Psyche's Self-Care System in Sandplay**

**Friday, April 14th and again Saturday, April 15th, 2023**

Deborah Bedford-Strohm, ISST Teaching Member (Germany)

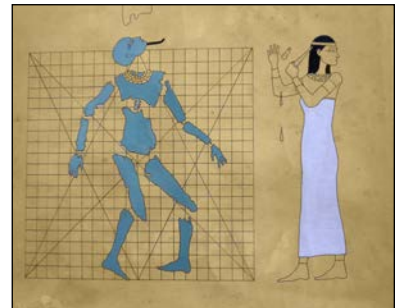
This session will elucidate Jungian Analyst Donald Kalsched's theory of the psyche's self-care system, at once friend and foe, protector and predator, illuminating concepts with a Sandplay case example.

**Session 4: Sandplay Therapy and Contacting Repressed Memory**

**Friday, May 12th and again Saturday, May 13th, 2023**

Betty Jackson, ISST Teaching Member (Pennsylvania, USA)

This Spring 2023 session will explore the Myth of Isis and Osiris as a story related to trauma dismemberment, fragmentation, and recovery. Case examples showing how Sandplay helped clients contact, process, and integrate repressed traumatic memories will be included.



## *To Register:*

To register for one or more of the Spring 2023 **Holding the Darkness** webinars, e-mail the following information to [BettyCJackson@mac.com](mailto:BettyCJackson@mac.com):

- Name and credentials exactly as you would like them to appear on your Sandplay training certificate
- City and state, province, or country where you are located
- List of the sessions you would like to attend
- Specify which presentation you would like to attend - "Presentation 1 - Asia/Pacific/Oceania time zone" or "Presentation 2 -Americas/Europe/Africa time zone".

Once this information is received, a PayPal invoice from "The Center for Jungian Sandplay" will be sent.

**\$125 - per webinar** (includes PayPal transaction fee)

**\$450 - Spring Semester series of 4 webinars** (includes PayPal transaction fee)

## *Scholarships:*

**Note:** The Center for Jungian Sandplay is committed to making quality Sandplay training accessible and affordable for dedicated students. If you have difficulty affording the fee, please contact [BettyCJackson@mac.com](mailto:BettyCJackson@mac.com) about partial scholarships.

## *Sandplay Training Certificates:*

Each webinar in this series will count for 3 hours of Sandplay training towards ISST certification. Please note that the ISST period of exceptions for online training due to the Covid-19 pandemic has been extended through July 31st, 2023. During the ISST period of exceptions the limit of online training hours allows has been suspended. Certificates verifying webinars attended and training hours accrued will be issued at the end of the spring and fall semesters.

# *Fall Semester Sessions:*

## **Session 5: Working with Cultural and Collective Trauma through Sandplay**

**Friday, September 8th and again Saturday, September 9th, 2023**

Dr. Bert Meltzer, ISST Teaching Member (Israel)

## **Session 6: Sandplay with Refugees and the Reality of Secondary Trauma**

**Friday, October 13th and again Saturday, October 14th, 2023**

Chiara Ridolfi, Silvana Cannavo, and Sanja Stefanovic, STARTTS Program (Australia)

## **Session 7: An Ocean of Sorrow - Sandplay with Earthquake Survivors**

**Friday, November 10th and again Saturday, November 11th, 2023**

Professor Gao Lan, ISST Teaching Member (China)

## **Session 8: Resilience, Recovery, and Hope through Sandplay**

**Friday, December 15th and again Saturday, December 16th**

Ulrich Gundermann, ISST Teaching Member (Chile and Germany)

***Questions? Contact:***

[BettyCJackson@mac.com](mailto:BettyCJackson@mac.com)